



EGD PREPARATION
(Esophagogastroduodenoscopy)

Your procedure is scheduled with _____
on:

Day _____
_____AM/PM

Date _____

Check in Time

Procedure Time _____AM/

PM

At the following location:

**Digestive Health Center, 5250 Kietzke Lane, Reno, NV, 89511 (775)
829-8855**

- ❖ **Please arrange for transportation home** - your procedure will not be performed if you do not have an adult driver accompanying you from the Endoscopy Center. You cannot walk, take a taxi, or a bus home by yourself. Due to the nature of the sedation, you cannot drive, operate mechanical equipment or drink alcohol on the day of your procedure.
- ❖ Plan to be at the center for approximately **2 ½ hours**.
- ❖ If your driver does not plan to stay at the center, they must be available by phone and should be no further than 20 minutes away. Procedures scheduled after 2:00 pm, drivers are requested to stay at the center to expedite patient discharge home.
- ❖ Only one person allowed in the recovery area at a time. No food, drinks, cell phones, or children are permitted in the admitting or recovery area.
- ❖ Before your examination, continue to take your normal prescription medication. **Please inform your nurse if you are taking any blood thinning medications such as Coumadin/Warfarin, Aspirin, or Plavix, or Diabetic medications for instructions.**

7 DAYS BEFORE YOUR PROCEDURE: STOP Aspirin/Aspirin products, anti-inflammatories (examples: Aleve, Advil, Motrin) Fish Oil, Iron Supplements, Alli® (Unless otherwise directed)

THE EVENING BEFORE PROCEDURE: DO NOT HAVE ANY SOLID FOODS AFTER 10:00 PM

DAY OF PROCEDURE: DO NOT EAT ANYTHING. If you eat we will cancel your procedure. You may have clear liquids up to 2 hours prior to your procedure. Examples of clear liquids: Gatorade, water, black coffee, tea, bouillon and/or clear fruit juices (**no pulp**). IF ORAL ANTIBIOTICS ARE PRESCRIBED BY YOUR PHYSICIAN, THE PILLS MUST BE TAKEN TWO HOURS PRIOR TO PROCEDURE TIME WITH SIPS OF WATER.

NOTHING BY MOUTH TWO (2) HOURS PRIOR TO YOUR PROCEDURE THIS INCLUDES WATER, GUM, HARD CANDY/MINTS AND CHEWING TOBACCO.

Please wear comfortable clothes. Bring insurance card, picture ID and Co-pay/Deductible. Please leave valuables at home. Please have your current medications documented on the DHC Current Medication sheet provided to you. This form is required by the center. If you are diabetic, do not take your diabetes medications. **YOUR PROCEDURE MAY BE DELAYED OR CANCELLED IF THESE DIRECTIONS ARE NOT**

FOLLOWED. SEE MEDICATION FAQ'S ABOUT WHAT MEDICATIONS TO TAKE THE DAY OF YOUR PROCEDURE.