



## HEMORRHOID BANDING PREPARATION

(NO SEDATION)

Your procedure is scheduled with Dr. \_\_\_\_\_ on:

Day \_\_\_\_\_  
\_\_\_\_\_AM/PM

Date \_\_\_\_\_

Check in time:

\_\_\_\_\_AM/PM

Procedure Time:

At the following location:

**Digestive Health Center, 5250 Kietzke Lane, Reno, NV, 89511 (775) 829-8855**

*Supplies needed: 2 Fleets enemas. These are available over the counter. Please ask in the pharmacy department if you cannot find them. Epsom Salt for post banding sitz baths.*

### Seven days prior to procedure:

- Please notify your physician if you are taking Blood Thinning medications prior to your appointment. You may be asked to stop Blood Thinning medications such as Coumadin/ Warfarin, Pradaxa, Plavix, Aspirin and NSAID's products (examples: ALEVE, ADVIL, MOTRIN). Please ask the physician/nurse for instructions on when to stop these medications.
- Begin over the counter fiber supplement (one to two times per day) as well as a high fiber diet.

### Day of Procedure

- No solid food after midnight. Clear liquids are ok to drink.
- Take any heart/blood pressure and any pertinent medications in the AM.
- Administer the first Fleets enema at \_\_\_\_\_ (2 ½ hours prior to procedure time).

- Administer the second Fleets enema at \_\_\_\_\_ (2 hours prior to procedure time).
- Please wear comfortable clothes, bring insurance card, picture ID and required payment for your Co-pay/Deductible. Please bring DHC Patient Medication Reconciliation Form provided to you. You will be at the center approximately 1-1 ½ hour(s) total.

**THERE IS NO SEDATION FOR THIS PROCEDURE. YOU WILL BE ABLE TO DRIVE YOURSELF HOME.**