



HEMORRHOID BANDING PREPARATION

(WITH SEDATION)

Your procedure is scheduled with Dr. _____ on:

Day _____ Date _____ Check in time:
_____AM/PM

_____AM/PM Procedure Time:

At the following location:

**Digestive Health Center, 5250 Kietzke Lane, Reno NV, 89511 (775)
829-8855**

Supplies needed: 2 Fleets enemas. These are available over the counter. Please ask in the pharmacy department if you cannot find them. Epsom Salt for post banding sitz baths.

Seven days prior to procedure:

- Please notify your physician if you are taking any Blood Thinning medications prior to your appointment. You may be asked to stop Blood Thinning medications such as Coumadin/Warfarin, Pradaxa, Plavix, Aspirin and NSAID's products (examples: ALEVE, ADVIL, MOTRIN). Please ask the physician/nurse for instructions on when to stop these medications.
- Begin over the counter fiber supplement (one to two times per day) as well as a high fiber diet.

The night before your procedure:

- No solid food after 10:00 pm the night before your procedure.

Day of Procedure:

- Nothing to drink for 7:00 am to 10:00 am procedures with the exception of small sips of water for heart/blood pressure and pertinent medications.
- Procedures scheduled after 10:30 am may have clear liquids up to three (3) hours prior to procedure time. Take any heart/blood pressure or other pertinent medications.
- Administer the first Fleets enema at _____ (2 ½ hours prior to procedure time).
- Administer the second Fleets enema at _____ (2 hours prior to procedure time).
- Please wear comfortable clothes, bring insurance card, picture ID and required payment for your Co-pay/Deductible. Please bring DHC Patient Medication Reconciliation Form provided to you. You will be at the center for approximately 2-2 ½ hour(s) total.

Please arrange for transportation home - your procedure will not be performed if you do not have a driver/adult accompanying you from the Endoscopy Center. You cannot walk, take a taxi, or bus home by yourself. Due to the nature of the sedation, you cannot drive, operate mechanical

equipment or drink alcohol the day of your procedure. Procedures scheduled after 2:00 pm, drivers are requested to stay at the center to expedite patient discharge home.

DO NOT EAT ANYTHING. DO NOT DRINK OR USE ANY SALIVA PRODUCING PRODUCTS INCLUDING: WATER, HARD CANDY, GUM, OR CHEWING TOBACCO DURING THE TWO (2) HOURS PRIOR TO PROCEDURE. YOUR PROCEDURE MAY BE DELAYED OR CANCELLED IF LIQUIDS ARE CONSUMED DURING THIS TIME PERIOD. SEE MEDICATION FAQ'S ABOUT WHAT MEDICATIONS TO TAKE IN THE MORNING AND AT WHAT TIME.

IF ORAL ANTIBIOTICS ARE PRESCRIBED BY YOUR PHYSICIAN, THE PILLS MUST BE TAKEN TWO HOURS PRIOR TO PROCEDURE TIME WITH SIPS OF WATER.