



# GAME NIGHT

Turn colon cancer prevention into a party! Plan a Game Night and party with friends while you prep. First, round up a variety of favorite games. Decide if you want to play classic board games, playing cards, games for large groups, etc. Make sure to have multiple games available. Next, stop by a party supply store (or the dollar store!) to find some game-themed decorations and props. Finally, be sure to provide colonoscopy-approved snacks and make sure your friends bring their colonoscopy prep.

## ***CREATE AMBIANCE***

- Display several game options
- Wrap Monopoly money around drink bottles
- Use a Twister mat as a backdrop
- Colorful balloons/banners/streamers
- bubblegum-scented candles (to remind you of childhood)
- Decorate with game pieces, a deck of cards, Scrabble tiles, dice, dominoes, etc.

## ***FOOD & DRINK***

- Water
- Tea
- Coffee
- Apple juice
- Carbonated beverages
- Gatorade
- Popsicles

*\*Remember: no red, blue, or purple colors or flavors*



**Question about prep?**

Call **775-434-0628** | 7am to 5:00pm Monday through Friday  
Digestive Health Associates & Center of Reno  
[digestivehealthreno.com](http://digestivehealthreno.com)