



Digestive Health
Associates & Center of Reno

2 Day Bowel Prep

- **2 days prior to procedure**
 - Clear/ Full liquid Diet (Anything you can drink through a Straw)
 - 2 doses of MiraLAX at 5pm.
 - **1 day prior to procedure**
 - Clear liquid diet only
 - 1 dose of MiraLAX in the morning
 - Follow prep instructions (see prep packet)
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