



EGD PREPARATION

Preparation Begins at 10pm the night before procedure:

1. Nothing to eat after **10pm** the night before procedure. **Do not eat any solid food on the day of your procedure.**
2. Clear liquids may be consumed up to **2 hours prior** to procedure time:
 - Do not chew gum.
 - Drink only clear liquids (no red or purple dye.)
 - **Clear liquids include:** water, black coffee, tea, apple juice, white grape juice, soda, Jell-O, popsicles, broth, and Gatorade or other sport drinks.
 - **DO NOT** drink milk or use non-dairy creamer.
 - **DO NOT** eat or drink anything colored red or purple.
 - **DO NOT** drink alcoholic beverages.

Important:

1. You will not be able to drive after your procedure. **You will need a driver** to drive you home afterward.
2. If you take aspirin, anti-inflammatories (Aleve, Advil, Motrin, Ibuprofen) **STOP** these medications 7 days prior to procedure. (Unless otherwise directed)
3. **Continue taking your prescribed medications.** Unless you are on a blood thinner and have been told to hold these medications.
4. Please notify your doctor at least one week before the procedure if you take warfarin (Coumadin), Plavix, Eliquis, Xarelto, Pradaxa, or other blood thinners.

Please call the office during regular business hours for any questions. 775-829-8855

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