



Digestive Health  
Associates & Center of Reno

## **CLEAR LIQUID DIET EXAMPLES:**

- Water
- Chicken or beef broth
- Tea or coffee (no cream/dairy products)
- Jell-O (without fruit chunks)
- Gatorade or other sport drinks
- Crystal Light or Kool-Aid
- Soft drinks
- Juice (apple or white grape)
- Popsicles

## **Nothing red or purple in color**

Questions?

Call our office during regular business hours (775) 829-8855.

**Procedure Location:  
5250 Kietzke Lane  
Reno, NV 89511**

\*Clear liquid diet, frequently asked questions, procedure tips and more can be found at  
***[www.digestivehealthreno.com](http://www.digestivehealthreno.com)***